



Michelle Van Etten

Fabric Rose Sandals

Inspired by Tim Holtz:

Grunge Paper Roses

Supplies Used:

Cricut Cartridge Picturesque

Fabric cutting scissors

Fabric

Fusible webbing

Paint brush

Iron

Fabric tac

Poly acrylic clear coat

Pearls or rhinestones

Glimmer Mist Iridescent Gold

I have been fascinated by the beauty of these roses, but puzzled by how I could make them work for fashion. Fabric will not retain the stiffness once washed unless sealed. I am working on apron to match the sandals. Here is a sneak peek.



So my quest began before I ever started scrapbooking I designed ceiling fans. Before I stopped I had created over 2,000 fans. I always sealed the blades with clear coat they could withstand anything that way. I wanted the roses to retain their shape. My experiment first I have the wrong kind of webbing. I was unable to go to the store to buy the right kind so time to improvise. I am always so excited when my experiments work.

Sandal Project:

- 1) Cut the fabric to the size you want. For this project, I used a 6x6 square piece.
- 2) Attach the fusible webbing as directed to the wrong side of the fabric
- 3) Than coat both sides of the fabric with the clear coat and let it dry or use a hair dryer.



- 4) After completely dry, choose a 5 petal flower from your cartridge. Choose a size for the sandals I used a 2 inch flower and for the apron it is a 3.5 inch flower. You will need 3 flowers for each flower all the same size.
- 5) Place fabric on mat tape down all sides. Cut flowers they will cut beautifully without any fraying.



- 6) You will have three flowers. The first flower you will fold in half and cut a line in the center. Fold in half other direction and cut in center again. This should form a X in the middle
- 7) Flower # 2 cut 2 cut a 2 petal section out of the flower ending in a point at the center.
- 8) Flower #3 cut a 1 petal section out the same way
- 9) Take the 4 petal flower and fold it into a cone pattern fabric on the inside. Where the 2 petals meet glue edge. I use Fabric Tac as it works the best for this type of application.
- 10) Repeat this step with the 3 petal and the 2 petal flower pieces on the 2 petal keep the cone tight as this will be the center of the flower.
- 11) With something like a stylus wrap the petals around to form the petals all petals will be rolled downward. Does this for each of the layers accept the tightly rolled center.

- 12) To assemble go in order by size. The second layer cut the cone off and layer on top of bottom layer pushing it through the X in the middle. Once happy with the look take it out and add glue. Repeat for next layer the center piece place inside the flower and push all the way through until you are happy with the placement of the center. Add glitter or Glimmer Mist to finished roses.



- 13) To attach your roses to your sandals you can use fabric tac or embroidery thread and sew the flowers onto the sandals as I did here.



Add a pearl to the center and you now have a cute pair of decorative sandals.

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